### AUTOMATED ELISA FOR DIRECT MEASUREMENT OF FREE 250H VITAMIN D

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#### Introduction

Recent studies suggest that the concentration and genotype of Vitamin D binding protein (DBP) are important factors that determine the bioavailability of 250H Vit D in blood. It has been suggested that measurement of free, non-protein bound 250H Vit D in serum, may provide more relevant diagnostic information than total 250H Vit D, for instance in chronic kidney disease, bladder cancer and pancreatic cancer, or in hemodialysis patients<sup>1-9</sup>. To measure Free 25OH Vit D in blood Future Diagnostics developed a direct ELISA method. Following the first laboratory evaluation phase, a two-step enzyme-linked immunosorbent assay (ELISA) was optimized for the quantification of free 25OH Vit-D assay<sup>10,11</sup>. Modifications were made in the protocol for the coating of the monoclonal anti-25OH Vit-D in the microtiter plates as well as in the formulation of the sample diluent and of the biotinylated Vitamin D conjugate. The optimized assay was validated and showed the following performances: the calibrator range is 0.2-35 pg/ml. Total assay precision is 10.2% at 6.0 pg/ml, 7.6% at 10.9 pg/ml and 5.5% at 24.9 pg/ml. The crossreactivity of the antibody towards 250H Vitamin D2 is 77% and the influence of interfering hemoglobin, bilirubin and triglycerides was also verified being lower than 10%. Additional experiments have shown that the addition of albumin or Vitamin D Binding Protein to serum leads to a decrease in the observed level of free 25OH Vit-D.

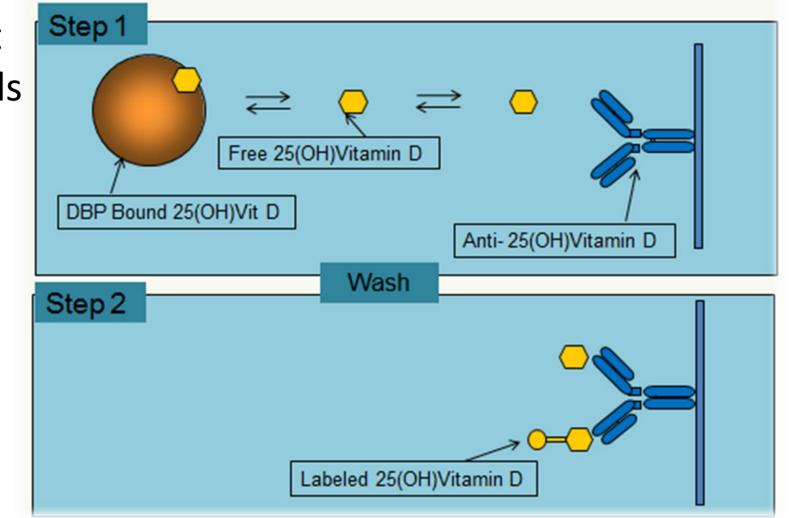
Sample	Free 250H Vitamin D (pg/mL)		
	Native	Spiked with DBP 2mg/mL	
Sample 1	9.74	3.49	
Sample 2	8.09	3.08	
Sample 3	11.98	4.18	
	Native	Spiked with HSA 60g/L	
Sample 4	17.87	9.41	
Sample 5	9.99	5.83	
Sample 6	10.93	6.14	

Here we describe the comparison between automated and manual processing of the ELISA for measuring Free 250H Vitamin D.

#### Methods

The principle of the assay. During the first incubation step free 250H Vitamin D binds to the monoclonal anti-Vitamin D in the microtiter plate. The *in vivo* equilibrium between free and bound 250H Vitamin D is minimally disturbed by the use of a specific displacement reagent.

After washing, a fixed amount of biotinylated 250H Vitamin D is added to each well. The non-bound biotinylated



250H Vitamin D is removed by washing and a streptavidin peroxidase conjugate is added. In the next step TMB substrate is added. Next the reaction is stopped and the absorbance is measured using a plate reader.

#### **Protocol Manual**

- Add 90 µL of sample diluent into the wells.
- Add 10 µl samples into the well.
- Incubate shaking (orbital) 90 min at 37 °C
- Wash
- Add 100 μL biotin-25(OH) VitD into each well.
- Incubate shaking (orbital) 30 min at 37°C.
- Wash
- Add 100 µL of strep-HRP into each well
- Incubate shaking (orbital) for 20 min at 37 °C. Wash
- Add 100 µL of TMB substrate into each well.
- Incubate 15 minutes at RT in the dark.
- Add 100 µL Stop Solution into each well. Read the absorbance at 450 nm.

#### **Protocol Dynex DS2**

- Add 90 µl of sample diluent into the wells.
- Add 10 μl sample in to the well.
- Incubate shaking(linear) 90 min at 37°C
- Wash
- Add 100µl biotin-25(OH) VitD into each well
- Incubate shaking (linear) 30 min at 37°C.
- Wash
- Add 100 μL of strep-HRP into each well.
- Incubate shaking (linear) for 20 min at 37 °C. Wash
- Add 100 µL of TMB substrate into each well.
- Incubate 15 minutes at RT in the dark. Add 100 µL Stop Solution into each well.
- Shake 5 seconds.
- Read the absorbance at 450 nm

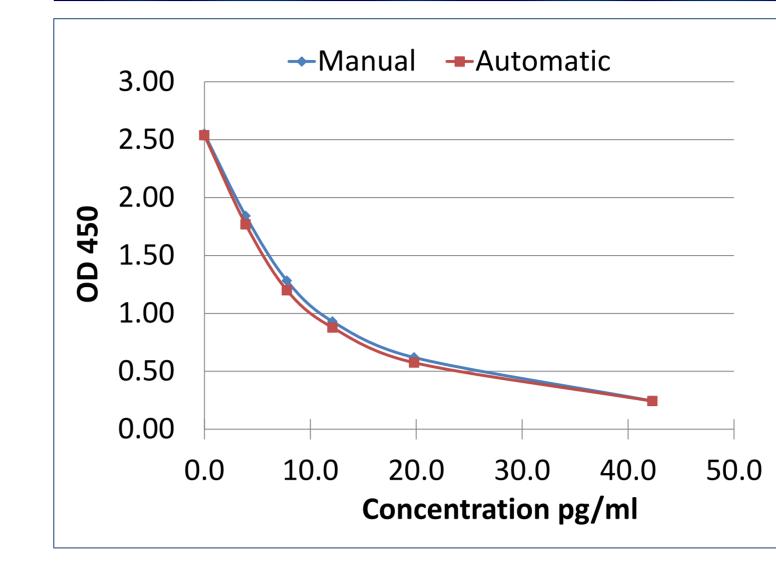
Literature references

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- <sup>4</sup> Ekins R.P. The Free Hormone Hypothesis and Measurement of Free Hormones. Clin.Chem. 1992, 38(7): 1289-1293. <sup>5</sup> Chun R.F., et.al., Hewison M. Vitamin D and DBP: The free hormone hypothesis revisited. J. Steroid Biochem. Mol. Biol. 2013, S0960-0760(13)00186-6.
- <sup>6</sup> Schwartz J.B., et.al., Bikle D. Variability in free 25(OH) vitamin D levels in clinical populations. J. Steroid Biochem. Mol. Biol. (2013), http://dx.doi.org/10.1016/j.jsbmb.2013.11.006. <sup>7</sup> Schwartz J.B., et.al., Bikle D. A comparison of direct and calculated free 25(OH) Vitamin D levels in clinical populations. J. Clin. Endocrinol. Metab., 99(5):1631-7. <sup>8</sup> Aloia J., et.al., Islam S. Free 25(OH)D and the Vitamin D Paradox in African Americans. J. Clin. Endocrinol. Metab. 2015 Jul 10:JC20152066.
- <sup>9</sup> Heureux N., et.al., Martens M. Development of an ELISA for the direct measurement of free 25OH Vitamin D. ECE2015, http://www.endocrine-abstracts.org/ea/0037/ea0037ep223.htm

#### <sup>10</sup> Heureux N., Mathieu F., Swinkels L., Huijs T., Lindhout E., Martens M. OPTIMIZATION OF AN ELISA FOR THE DIRECT MEASUREMENT OF FREE 250H VITAMIN D. ASBMR Poster 2015 <sup>11</sup> Patent Future Diagnostics: PCT/NL2011/050219. Immunoassay for FREE Vitamin D

### Results

#### **Calibration Curve**



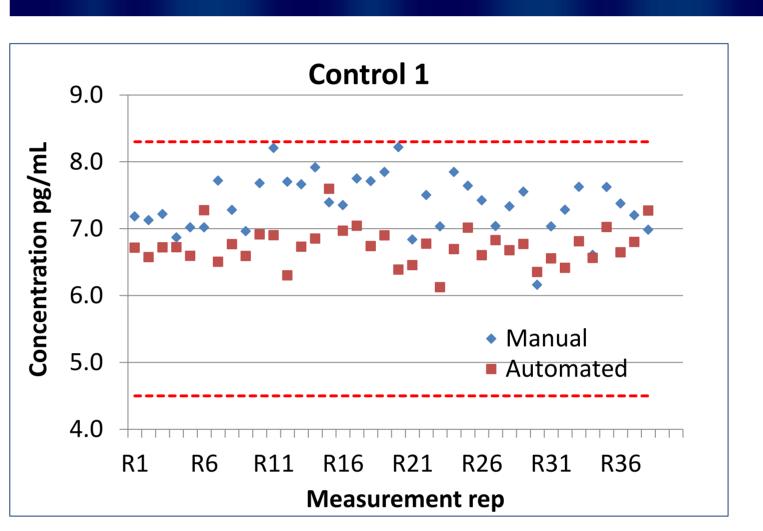
Curve s	hape				
parame	eters	OD 4	-50	B/E	30
Calibrator	pg/ml	Manual	Auto	Manual	Auto
Cal A	0.0	2.551	2.539	100%	100%
Cal B	3.9	1.842	1.769	72%	70%
Cal C	7.8	1.282	1.199	50%	47%
Cal D	12.1	0.930	0.878	36%	35%
Cal E	19.8	0.620	0.575	24%	23%
Cal F	42.3	0.244	0.243	10%	10%
Carr	42.3	0.244	0.243	10%	10%

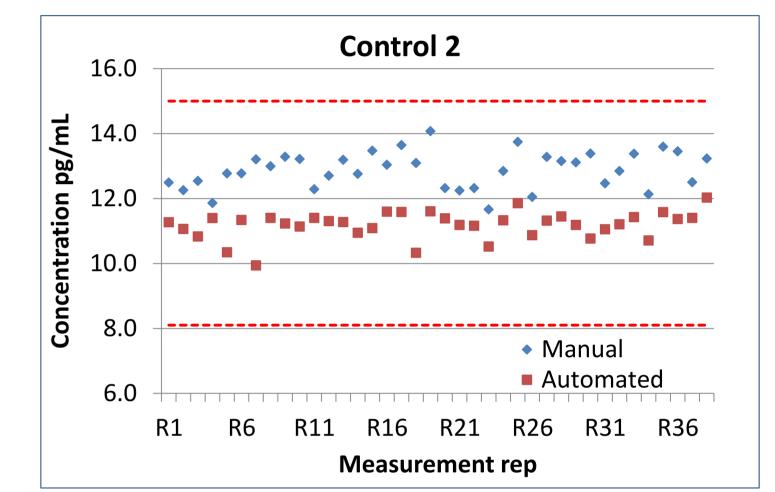
#### **Limit of Blank & Limit of Detection**

The LoB and LoD in pg/mL were determined according to CLSI EP17-A2. For LoB 38 reps were measured. For LoD 4\*38 reps were measured.

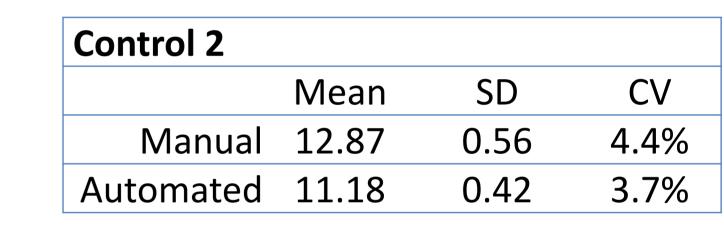
g		Manual	Automated
r	LoB	0.96	0.52
	LoD	1.83	1.28

#### **Control samples - Precision**

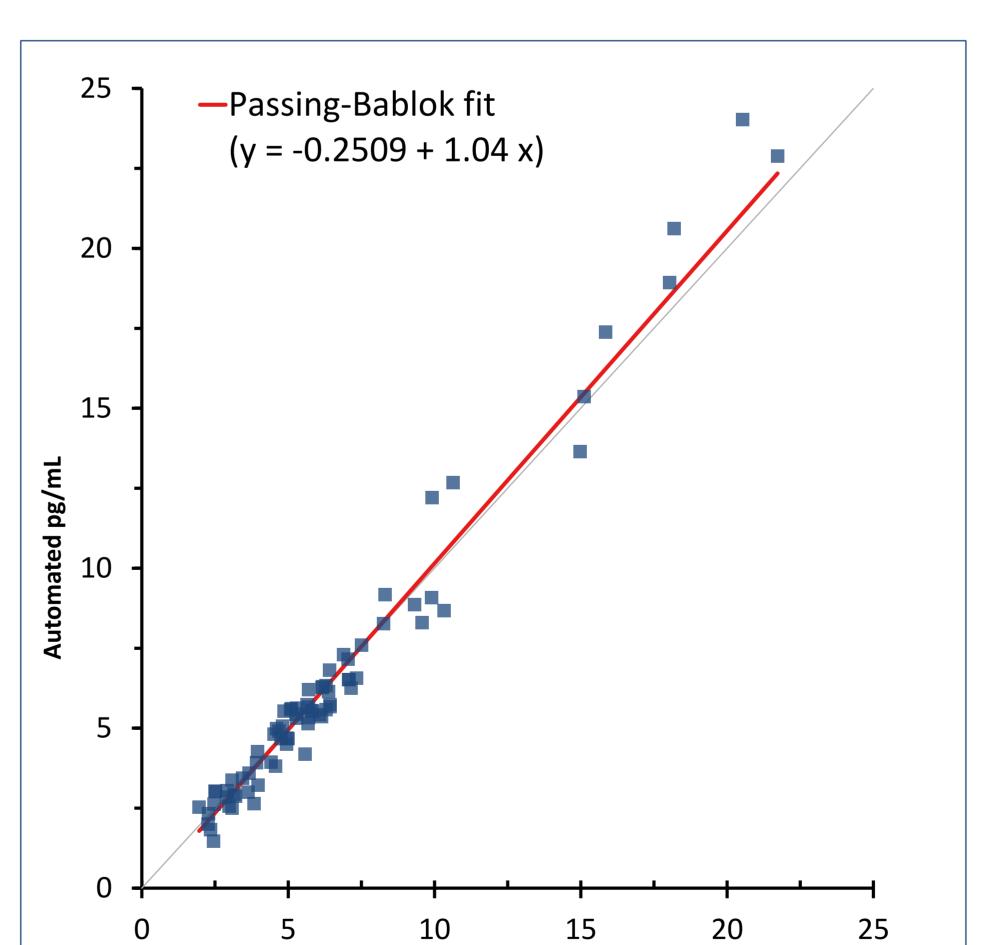




Control 1			
	Mean	SD	CV
Manual	7.37	0.43	5.8%
Automated	6.74	0.28	4.2%



#### Sample correlation



Manual pg/mL

In total 78 random samples were measured in the manual and in the automated assay. The slope, intercept and r show substantial equivalency between the manual and automated performed assay.

Correlation	
Pearson's r	0.986
Fisher 95% CI	0.979 to 0.991

#### Conclusion

The Free 250H Vit-D assay that reproducibly determines the level of Free 250H Vit D in serum was validated on an open ELISA platform. The manual and automated results were compared in terms of Dose response curve, LoB, LoD, Precision, and Correlation and show substantial equivalency.

The Free 250H Vitamin-D ELISA eliminates the need to calculate the bioavailable 250H Vitamin D from the measured DBP, HSA and total Vit-D concentrations.





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